

More Backcountry Information

Wild Animals

Animals, such as raccoons and bears should not be a problem, if you take the following precautions:

- Put all your food in a pack and hang it well off (4 m) the ground, and away from the vicinity of your tent.
- All garbage should be placed in your litter bag and suspended in the same way as your food pack, and packed out with you.
- To help eliminate food odours, wash your dishes immediately after each meal (preferably well away (20 - 30 m) from your campsite) and from the lake.
- dispose of waste water down the privy hole.
- Never entice or touch wildlife.
- Do not take food into your tent.

Recyclables

As one of the province's leading conservation agencies, Ontario Parks is committed to maintaining a clean and healthy environment for this and future generations to enjoy. You may place cans, plastic pop bottles, and glass in the respective recycling bins. Propane cylinders are hazardous waste. Please help us to reduce unnecessary costs by taking your disposable propane cylinders home with you.

If You Get Lost or Injured

With a good map, staying on well marked trails and portages, and with many other people besides yourself using Frontenac's wilderness areas, there is little chance you will get lost. If you do get lost, however, the most important thing is to keep calm and look around for the last trail marker. Sit down, evaluate your situation and mentally try to retrace your steps. Chances are, you will figure out where you went wrong and how to get back on course. Stay on the trail.

If this doesn't work, and you are still lost, or if there is an injury in your party, stay put and signal for help. **Three signals of any kind (three blasts on a whistle, three flashes from a signal mirror) constitute the universal call for help.** Wildlife and natural areas can sometimes be hazardous. Be prepared.

***Travelling at night and ice travel are not recommended.**

Report a Poacher... & Help Catch a Thief!

You can help put a stop to poaching by reporting any hunting and fishing violations or any illegal activities that you see in Frontenac Park or anywhere in Ontario.

Report your observations promptly to Park staff or telephone the **Ministry of Natural Resources TIPS Hotline at 1-877-847-7667 or Crime Stoppers 1-800-222-8477.**

Report any violations and problems to Park staff as soon as possible. (613) 376-3489

Telephones

There is a public telephone in the Park Office breezeway. This phone takes phone cards only, **unless** you are calling **9•1•1**, the operator or reversing the charges.

Cellular phones do not work in most areas of the Park, as we are on the fringe of cellular coverage.

Canoe, Kayak and Equipment Rentals

Many people, particularly those who may be relatively new to canoe tripping, prefer to rent some or all of the necessary equipment. There are many excellent retailers and outfitters in the Sydenham and Kingston areas which supply complete or partial outfitting services. Their names, addresses and telephone numbers may be found on pages 10 and 11 of this tabloid.

Supplies

Groceries, gasoline and other supplies may be obtained in the nearby communities of Sydenham, Harrowsmith, Verona and Kingston. Consult pages 10 and 11 for further details.

Lost and Found

Report a description of the lost article to office staff. If you find something, please turn it in to the Park Office.

Alternative Accommodations

If you would like to attend one of Frontenac's many wilderness skills training programmes, but do not wish to camp, we can supply you with the names of Bed & Breakfast establishments, resorts, motels, and private campgrounds within a reasonable driving distance from the Park.

Emergency Assistance 9•1•1

Emergency assistance in the form of basic first aid is available from the staff at the Park Office.

For all other medical emergencies or suspected drowning, please call 9•1•1, and also advise park staff.

For Fire Rescue, be sure to specify "Kingston Fire Rescue"

Park Roads

The road to Big Salmon Lake (open April to October 31 yearly) is a single lane only. Drive slowly. Watch for pedestrians and wildlife.

Pull-offs along the road are available to ease vehicle traffic and passing. Do not park or leave your vehicle unattended on these pull-offs.

Poison Ivy

Poison Ivy is prevalent at Frontenac, so you should know how to identify this poisonous plant. **"Leaves of three, let them be,"** is a good rule-of-thumb to live by.

Winter Use

Frontenac Park is **open all year** and permits are required for all day use and camping regardless of the season. Camping is permitted only at the campsite clusters. There are five emergency barrels located throughout the Park. They are for emergency use only. Their locations are identified with cross symbols on the map on page 7. ***Night travel or ice travel is not recommended.** Ice conditions vary greatly from lake to lake or even on a single lake. Thin ice has a very low tolerance for mistakes. Searches for lost persons can be very costly. Call ahead for advice and conditions.

Important Park Information & Rules

This is a summary of rules, prepared for your convenience, and is not a complete list of the various regulations which apply in provincial parks. Since certain rules affect different parks differently, you should contact the Park Office if in doubt about how a specific regulation applies to the park you are visiting. Let us know your comments and suggestions on the back of your permit.

Protecting You and Your Park

We want your stay at Frontenac Provincial Park to be as safe and enjoyable as possible. One basic rule applies in all of Ontario's provincial parks. **Have care, respect and consideration for your fellow visitors and the park environment.** Park Wardens enforce the Provincial Parks and Conservation Reserves Act as well as other legislation within Frontenac Provincial Park. **Please report poaching and illegal camping, fires and all violations or problems to Park staff immediately.**

Loud Noise and

Disturbing Other Persons

Be considerate to others using the Park. **Excessive noise is not permitted at any time. This includes barking dogs.** Keep your voice down to a reasonable level. Sound travels a great distance over water and noise seems amplified when in the wilderness and at night. It is not only inconsiderate but also contrary to Park regulations to cause excessive noise. Please turn off cell phones.

Campfires and Firewood

Fires are permitted in the designated fireplaces at the registered campsite only. Stripping bark, cutting branches from trees or cutting any standing tree is **unlawful.** Help conserve firewood by building small fires or by using a portable stove whenever possible. Firewood can be purchased at the office. In the event of a **Fire Ban, NO fires** are permitted. Be prepared with a camp stove. Shore fires and trailside fires are prohibited.

Park Permits

Camping permits and vehicle permits must be purchased at the Park Office prior to entering the Park. Remember, **you must have a valid permit to camp or to bring a vehicle or vessel (canoe or boat) into the Park. You must have a valid permit clearly displayed on your vehicle and your camping permit with you (and on your campsite post when**

camping), when in the Park. Each person must be registered.

Walk-ins, drop offs, and Rideau Trail hikers must register at the Park Office. If you need to change your trip itinerary while camping in the Park interior, you **MUST** return to the Park Office to make those changes.

The camping party leader is responsible for the condition of the campsite and the conduct of those persons on the site.

Alcoholic Beverages

The consumption of alcoholic beverages is **permitted on your registered campsite only.**

Power Boats

Power boats and motors are strictly prohibited on all interior lakes. However, you may operate motors on most of the boundary lakes. This includes the following lakes: Buck, Devil, Birch, Kingsford, Otter and Big Clear. Waterskiing, jet skis and tubing are not permitted at or near any of the campsites or beaches. **Electric motors are permitted only on Big Salmon Lake.** **A permit is required to bring a vessel into the Park or into any Park lakes.**

Pets

It is unlawful to have your pet off a leash and pets are not permitted in any swimming area. Your pet must be kept under control and must not disturb other persons. Porcupines, raccoons, skunks, deer and bears can seriously harm a pet while protecting themselves or their young. We ask that you consider not taking your pet into the backcountry. **You must clean up after your pet.** * See Pages 5 and 9 for the Pet Rules.*

Camping

Frontenac is open year round and all of its 13 campsite cluster locations are identified by a triangle and number on the enclosed map, and by orange campsite signs in the interior. Most campsite clusters have 4 tent sites and a privy toilet. **Camping is permitted only at the designated campsite clusters. A valid camping permit is required for all persons wishing to camp and their vehicles. You must camp at the designated sites to which you are registered (on the tent pads only). There is no car or trailer camping at Frontenac Provincial Park.**

Nudity

Nudity is prohibited in provincial parks.

Vehicles and Parking

All vehicles and vessels (boats and canoes) entering the Park must have a valid permit. Vehicles must have the permit clearly displayed on the dashboard. Vehicles must be parked in the available parking lots - not along the roads. Vehicles without permits may be ticketed and/or towed. Park Wardens may ticket any vehicle that does not display a valid permit or is illegally parked. Be sure to display your permit for the Wardens to see.

Hunting and Firearms

Hunting and all types of firearms are strictly prohibited in Frontenac Park.

Motorized Vehicles/Equipment

ATVs, mountain bikes, power ice augers, chainsaws, generators and snowmobiles are **not permitted** in Frontenac Park.

Fireworks

The **possession or ignition of any fireworks is prohibited** in all provincial parks.

Garbage and Litter

You must bring out everything you bring in. All refuse and garbage must be packed out and placed in the garbage cans provided or taken home. Do not throw garbage down privy holes or leave garbage or litter at your campsite, fireplace, or at your picnic site. **Failure to keep your campsite clean, and littering, are offenses.** Free litter bags are available at the Park Office. Please help us in our recycling efforts by placing recyclables in the proper receptacles. You must at all times keep your campsite clean so that it will not attract nuisance wildlife.

Fishing

Fishing is permitted in the Park in accordance with the regulations as outlined in the Recreational Fishing Regulations Summary. **Most Ontario residents, Canadian residents and non-residents require a licence to fish.** You must have this licence with you when fishing. Catching bait or frogs in the Park is illegal. Catch and release is encouraged, however, you must still abide by the Ontario Fishing Regulations by having a valid Angling Licence and the season must be open to fish for any species.

NOTE: There are new frog regulations, open seasons and fish possession limits in Ontario.